IRRITABLE BOWEL SYNDROME MEDICAL SOURCE STATEMENT

From:

Re: {{name}}

(Social Security No.)

Please answer the following questions concerning your patient's impairments. *Attach relevant treatment notes, radiologist reports, laboratory and test results as appropriate.*

1. Frequency and length of contact:

2. Diagnoses:

3. Prognosis:

4. Identify your patient's symptoms:

|  |  |  |  |
| --- | --- | --- | --- |
| 🞎 | Chronic diarrhea |  | Anal fissures |
|  | Bloody diarrhea |  | Nausea |
|  | Abdominal pain and cramping |  | Peripheral arthritis |
|  | Fever |  | Kidney problems |
|  | Weight loss |  | Malaise |
|  | Loss of appetite |  | Fatigue |
|  | Bowel obstruction |  | Mucus in stool |
|  | Vomiting |  | Ineffective straining at stool |
|  | Abdominal distention |  | (rectal tenesmus) |
|  | Fistulas |  | Sweatiness |
|  |  |  |  |

Other:

5. If your patient has pain, characterize the nature, location, frequency, precipitating factors,

and severity of your patient's pain:

6. If aspects of your patient's impairment are episodic, describe the nature, precipitating

factors, severity, frequency and duration of the episodic aspects:

7. Identify the clinical findings and objective signs:

8. Describe the treatment and response including any side effects of medication that may have implications for working, e.g., drowsiness, dizziness, nausea, etc.:

9. Have your patient's impairments lasted or can they be expected to last at least twelve months? Yes No

10. Do emotional factors contribute to the severity of your patient's symptoms and functional limitations? Yes No

11. Identify any psychological conditions affecting your patient’s physical condition:

🞎 Depression 🞎 Anxiety

🞎 Somatoform disorder 🞎 Personality disorder

🞎 Pyschological factors affecting 🞎 Other

physical condition

12. As a result of your patient's impairments, estimate your patient's functional limitations if your patient were placed in a ***competitive work situation****:*

a. How many city blocks can your patient walk? \_\_\_\_\_\_\_\_

b. Please circle the hours and/or minutes that your patient can sit ***at one time****,* e.g., before needing to get up, etc.

**Sit**: 0 5 10 15 20 30 45 1 2 More than 2

Minutes Hours

1. Please circle the hours and/or minutes that your patient can stand ***at one time***, e.g., before needing to sit down, walk around, etc.

**Stand**: 0 5 10 15 20 30 45 1 2 More than 2

Minutes Hours

1. Please indicate how long your patient can sit and stand/walk ***total in an 8-hour working day*** (with normal breaks):

**Sit Stand/walk**

less than 2 hours

about 2 hours

about 4 hours

at least 6 hours

e. Does your patient need a job that permits shifting positions ***at will*** from sitting, standing or walking? Yes No

f. Does your patient need a job that permits ready access to a restroom?

Yes No

g. Will your patient sometimes need to take unscheduled restroom breaks during a working day? Yes No

If yes, 1) how ***ofte****n* do you think this will happen?

2) how ***long*** will your patient be away from the work

station for an average unscheduled restroom break?

3) how much advance notice does your patient have of

the need for a restroom break?

h. Will your patient also sometimes need to lie down or rest at unpredictable intervals during a working day? Yes No

If yes, 1) how ***often*** do you think this will happen?

2) how ***long***(on average) will your patient

have to rest before returning to work?

For this and other questions on this form, “rarely” means 1% to 5% of an 8-hour working day; "occasionally" means 6% to 33% of an 8-hour working day; "frequently" means 34% to 66% of an 8-hour working day.

1. How many pounds can your patient lift and carry in a competitive work situation?

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | **Never** | **Rarely** | **Occasionally** | **Frequently** |
| Less than 10 lbs. |  |  |  |  |
| 10 lbs. |  |  |  |  |
| 20 lbs. |  |  |  |  |
| 50 lbs. |  |  |  |  |

j. How often can your patient perform the following activities?

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | **Never** | **Rarely** | **Occasionally** | **Frequently** |
| Twist |  |  |  |  |
| Stoop (bend) |  |  |  |  |
| Crouch/ squat |  |  |  |  |
| Climb ladders |  |  |  |  |
| Climb stairs |  |  |  |  |

k. How much is your patient likely to be **“*off task*”**? That is, what percentage of a typical workday would your patient’s symptoms likely be severe enough to interfere with ***attention and concentration*** needed to perform even simple work tasks?

|  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | 0% |  | 5% |  | 10% |  | 15% |  | 20% |  | 25% or more |

l. To what degree can your patient tolerate work stress?

|  |  |  |  |
| --- | --- | --- | --- |
|  | Incapable of even "low stress" work |  | Capable of low stress work |
|  | Capable of moderate stress - normal work |  | Capable of high stress work |

Please explain the reasons for your conclusion:

m. Are your patient’s impairments likely to produce “good days” and “bad days”?

Yes No

If yes, assuming your patient was trying to work full time, please estimate, on the average, how many days per month your patient is likely to be absent from work as a result of the impairments or treatment:

Never About three days per month

About one day per month About four days per month

About two days per month More than four days per month

13. Are your patient's impairments (physical impairments plus any emotional impairments) as demonstrated by signs, clinical findings and laboratory or test results ***reasonably consistent*** with the symptoms and functional limitations described above in this evaluation? Yes No

If no, please explain:

14. Please describe any other limitations (such as limitations using hands, arms, fingers, psychological limitations, limited vision, difficulty hearing, need to avoid temperature extremes, wetness, humidity, noise, dust, fumes, gases or hazards, etc.) that would affect your patient's ability to work at a regular job on a sustained basis:

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

*Date Signature*

*Printed/Typed Name:*

§235A *Address:*

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